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IDENTITY SHIFTS THAT CHANGE EVERYTHING

A Grace Centered Guide to Living Free,
Confident, and Unshakeable in Christ"

WHERE REVELATION
MEETS REAL LIFE

FREE
EBOOK

SHANNON CRAFT



HEY, I'M SHANNON

When I sit with people, teach, counsel, or create content, the one thing I see over and over again is this... most believers love God deeply, but they struggle to live free because they've never been taught who they already are in Christ. Identity is the place where everything either unlocks or gets tangled. And that's why I created this e-book.

This isn't about giving you more rules, more steps, or more spiritual pressure. It's about helping you see the truth that changes everything... the truth that shifts how you think, how you pray, how you see yourself, and how you walk out your faith from a place of confidence and rest instead of fear and striving.

In these pages, we're going to walk through five identity shifts that every believer needs if they're going to experience the freedom Jesus purchased for them. These shifts aren't complicated, but they are powerful... and once they click, you won't relate to God, to life, or to yourself the same way again.

My prayer is that as you read, something comes alive in you... clarity, confidence, peace, and the deep realization that God has already brought you closer than you ever imagined. This guide is simply here to help you live from that truth.

Shannon C.

LET'S DO IT!



Welcome

INTRODUCTION: WHY IDENTITY IS THE REAL BATTLEGROUND

Most believers don't struggle because they lack love for God, passion for Jesus, or desire to grow... they struggle because they're living from an identity that God never gave them. They're trying to honor God while carrying beliefs about themselves that keep them stuck, insecure, and spiritually exhausted.

This guide gives you five core identity shifts that every believer must make to step into freedom, confidence, clarity, and maturity. These aren't "self-help tricks," these are New Covenant upgrades grounded in the finished work of Jesus. When these shifts land in your heart, everything changes... how you face temptation, how you pray, how you handle failure, how you hear God, and how you see yourself.

Let's get into it.

SHIFT #1 FROM TRYING TO BE ACCEPTED TO LIVING FROM ACCEPTANCE

Most believers think God tolerates them... or loves them only when they're doing well. But Scripture reveals a Father who wrapped you in acceptance before you ever took your first breath.

Ephesians 1:6 (NKJV)

"He made us accepted in the Beloved."

Acceptance isn't the finish line of good behavior, it's the starting point of every believer's journey. When you truly see yourself as accepted, shame loses its grip, fear loses its voice, and striving loses its power.

The deepest human fear is rejection... and the deepest human longing is belonging. Religion accidentally feeds the fear by making acceptance feel like a prize for the spiritually disciplined. But grace reveals that acceptance is the soil you grow from, not the trophy you earn at the end.

When Paul said you were "accepted," he didn't mean barely let in, conditionally approved, or spiritually tolerated. The Greek word for "accepted" means highly favored, honored, and welcomed with delight. It's the same word used of Mary when the angel called her "highly favored."

That means God doesn't put up with you... He delights in you.

He doesn't wait for you to change before embracing you... His embrace is the very thing that changes you.

When acceptance becomes your foundation, shame loses its influence, comparison loses its power, and striving loses its attraction. You begin living from a settled place instead of a scared one.

Acceptance doesn't make you lazy... it makes you stable.

It quiets the inner critic and awakens the inner confidence that comes from knowing you belong.

ACTION STEP:

Every morning for the next 7 days, declare:

"I am accepted right now because of Jesus, not because of my performance."

SHIFT #2 FROM SIN CONSCIOUSNESS TO RIGHTEOUSNESS AWARENESS

Growing up in church, many believers were taught to be more aware of their flaws than of Christ's finished work. But Scripture says something different.

Hebrews 10:14 (NKJV)

"For by one offering He has perfected forever those who are being sanctified."

Your standing with God isn't fragile. You are not "barely forgiven." You are not "hanging on by a thread." You are the righteousness of God in Christ because God said so.

Sin-consciousness is what keeps believers spiritually exhausted. It's what makes prayer feel intimidating, worship feel heavy, and intimacy with God feel inconsistent. You spend more time examining your failures than the finished work that removed them.

But righteousness-awareness flips the lens. It trains you to see yourself the way God sees you... clean, close, qualified, and complete.

The verse says you were "perfected forever," which means the work God did in your spirit cannot deteriorate, diminish, or dissolve. Your identity is not an Etch-A-Sketch God shakes every Sunday. It's a settled reality sealed by the Spirit. Righteousness-awareness doesn't mean sin doesn't matter... it means sin doesn't define you.

It means:

- You don't approach God as a beggar, but as a son.
- You don't repent to be forgiven, but because you already are.
- You don't fear God's presence, you enjoy it.

This shift restores your confidence. It rebuilds your boldness. It ends the cycle of spiritual insecurity. And it becomes the lens through which every other part of your walk takes shape.

ACTION STEP:

Write down 5 moments this week when you normally would've felt guilt or spiritual insecurity, then remind yourself:

"My righteousness isn't up for debate."

SHIFT #3 FROM PERFORMING FOR GOD TO RESTING IN WHAT GOD HAS DONE FOR YOU

Religion trains people to work for what grace freely gives. But Jesus didn't come to upgrade the law... He came to end the old system and usher in an entirely different covenant.

Hebrews 4:10 (NLT)

“For all who have entered into God’s rest have rested from their labors, just as God did after creating the world.”

Rest isn't laziness... it's alignment. It is living from what Jesus already finished instead of trying to finish it yourself.

Performance-based Christianity is subtle. You don't even realize you're doing it until you feel burnt out, discouraged, or secretly afraid that you're not “doing enough.”

Rest, in the New Covenant, isn't about naps, vacations, or passivity. It's about alignment with the finished work. It's a heart posture where your confidence comes from Christ's obedience, not your own.

Rest changes how you pray: not begging, but partnering.

Rest changes how you worship: not reaching for God, but responding to Him.

Rest changes how you face temptation: not fighting for victory, but fighting from victory.

When you truly enter God's rest, striving feels foreign. You no longer live like an employee trying to earn God's approval... you live like a son operating from inheritance.

And the fruit of rest is surprising:

More clarity, more creativity, more joy, more consistency, more spiritual strength... not less.

ACTION STEP:

Identify one area where you've been striving: prayer, purity, calling, leadership, spiritual growth.

Ask yourself:

“Am I doing this from rest or from fear?”

Reset, breathe, and realign.

SHIFT #4 FROM EARNING GOD'S FAVOR TO WALKING IN GOD'S FATHERHOOD

A lot of believers have a split image of God... an angry Father and a kind Son. But Scripture says God was in Christ reconciling you to Himself. The Father didn't send Jesus to protect you from Him. He sent Jesus to reveal Him.

2 Corinthians 5:19 (NLT)

"For God was in Christ, reconciling the world to himself..."

God's heart toward you is not suspicion, disappointment, or distance... it's delight.

Many believers see God as a strict overseer whose main job is monitoring behavior, correcting flaws, and evaluating performance. But Jesus said if you've seen Him, you've seen the Father... which means the Father looks like the One who ate with sinners, embraced the broken, healed the hurting, lifted the shamed, and welcomed the outcasts.

Fatherhood isn't God's accessory. It's His essence.

He doesn't love you because Christ convinced Him to... He loves you because that is who He has always been.

Walking in God's fatherhood means you finally stop living like a spiritual orphan. You stop waiting for permission to approach Him. You stop assuming He's frustrated with you. You stop interpreting silence as disappointment. Instead, you begin expecting His presence, receiving His guidance, trusting His heart, and resting in His affection. Your spiritual life becomes less about rule-keeping and more about relationship-enjoying.

Less fear-driven and more love-rooted.
Less duty... more delight.

ACTION STEP:

Ask the Father,

"Show me the part of Your heart I've misunderstood."

Write what comes up. Patterns will emerge.

SHIFT #5 FROM LIVING AS A SURVIVOR TO STANDING AS A SON OR DAUGHTER

Survival mode makes believers think small, pray small, and expect small... but heaven never speaks to you as a victim.

God speaks to you as a son, as a daughter, as royalty, as someone seated with Christ.

Romans 8:15 (NKJV)

“You received the Spirit of adoption by whom we cry out, ‘Abba, Father.’”

Your identity determines your experience.

Your identity determines your authority.

Your identity determines your boldness.

Survivor identity forms when life has trained you to expect struggle, anticipate disappointment, and assume hardship is your default setting. Even after salvation, many believers continue living with old mental scripts... hoping for breakthrough but expecting collapse.

But adoption breaks survival mode.

Adoption places you into a family where the Father is present, provision flows, authority is shared, and inheritance is guaranteed.

Standing as a son or daughter shifts everything:

Your prayers become bolder because you're speaking from your seat in Christ, not from a pit of insecurity.

Your decisions carry weight because you know heaven backs you.

Your internal world settles because you're no longer bracing for rejection.

Survivors live to make it through the day.

Sons and daughters live to manifest the Kingdom.

This final identity shift lifts you out of fear, out of passivity, and out of small thinking and teaches you to stand in the fullness of who God has already declared you to be.

ACTION STEP:

Every time you feel overwhelmed this week, say out loud:

“This isn't who I am anymore.”

INSPIRATION

KEEP *leaning* INTO WHO
YOU ALREADY ARE IN
CHRIST, KEEP *growing*
FROM A PLACE OF REST,
AND *celebrate* THE
TRANSFORMATION
UNFOLDING WITHIN *you*.

INSPIRATION

Join our

SPECIAL MEMBERSHIP WAIT LIST

COMING SOON:

A Community Built for Your Growth, Freedom, and Identity

For months now, people have been asking for a space where they can go deeper than a post, a video, or a Sunday message... a place where identity becomes a lifestyle, grace becomes the lens you live from, and transformation becomes something you walk out with support instead of alone.

So I'm building something... something I've wanted to create for a long time. A community. A mentorship environment. A place where revelation becomes real life.

Introducing... **THE GRACE SOCIETY**: A membership community designed to help you:

- Grow in your identity with weekly teachings, conversations, and tools
- Break free from old mindsets and step into who God says you are
- Ask real questions and get real clarity
- Walk with others on the same grace centered journey
- Build unshakeable confidence in who you are, what you carry, and how God sees you
- Live from rest instead of striving
- Reconnect with purpose, calling, and inner freedom
- Transform your inner world with ongoing support

This will be a private, intentional, spiritually rich environment where you'll receive regular content, coaching style guidance, live sessions, and practical tools that help you

CLICK HERE

Thank you
FOR READING

**CONGRATULATIONS ON COMPLETING THIS JOURNEY
TOWARDS BECOMING THE PERSON THAT GOD ALREADY
SEES YOU AS!**



SHANNON CRAFT
*IDENTITY
TRANSFORMATION
COACH*